



Step 1: Contact Us @443-991-0090/info@mindsenseserenity.com

Step 2: Introductory Call (Video/Phone)-Why it matters

This 30-minute introductory call is designed to give you immediate clarity, direction, and professional insight from a trained, clinically experienced DNP-Prepared Psychiatric Nurse Practitioner. Unlike typical “free consultations,” this call is structured, strategic, and intentionally designed to provide value right away. Securing an introductory call ensures you receive focused, personalized guidance before committing to any plan or service.

What You Gain from the Session

During this focused session, you will receive:

- A personalized review of your goals (career, academic, clinical, or life transition) & customized rates
- A professional assessment of which service pathway (**A, B, or C**) is best for you
- Clear next-step recommendations tailored to your situation
- Guidance from someone with advanced clinical training and experience mentoring Psych NP students
- Answers to your most important questions about your life transition, professional growth, Psych NP journey, Board exam prep and independent practice set-up
- Insight you can immediately apply — even if you choose not to continue services

Why This Is Different from Other Practices

Most practices offer generic consults or administrative screenings.

This introductory call is different because:

- You’re speaking directly with an **advanced-practice provider** (DNP, PMHNP-BC), not a scheduler or assistant
- The session blends **clinical-level insight** with **strategic, non-clinical guidance**
- You receive **professional-level recommendations**, not vague advice
- This call is tailored to *your exact goals*—from life transitions, professional growth to Psych NP mentorship.
- You gain clarity based on **experience, expertise, and real-world psychiatry + leadership background**
- Mentorship and preceptor pathways are explained with transparency and structure

The Value

For \$75, you gain access to high-level insight and direction that would typically require a full session or a paid consultation elsewhere. This ensures your time with us is meaningful, intentional, and immediately helpful.